

"Jai Shri Mataji"



Sahaja Yoga Meditation Centres in Telangana Districts

1. Adilabad:

Sri Saraswati Shishu Mandir School, Vinayak chowk, Adilabad
Every Sunday 10:30 AM – Contact: +91 94414 60035

Pardi Village: Sahaja Yoga Ashram, Pardi – Every Monday 10.30 AM
Contact: + 91 6281408728

PP Nagar Village: Sahaja Yoga Mandir, PP Nagar– Every Sunday 10.30 AM
Contact: + 91 9014724628

2. Karimnagar:

Sri Vidya Nikethan High School, Gourishetti Complex, OPP: Srivani Book Stall, Vavilalapally,
Karimnagar -Every Sunday 10:30 AM
Contact +91 7993694195 / +91 6303124186

3. Khammam:

Telangana Sri Chaitanya e Techno School, GL Towers, Bank Colony, Khammam
Every Saturday 6:00 PM – Contact: +91 7993978217

4. Mahabubnagar:

Medaswi Vision School, New Prem Nagar,
OPP: Govt. Hospital Road, Mahabubnagar.
Every Sunday 10:30 AM – Contact: +91 9962060988

5. Nalgonda:

News school, Yata Kannareddy colony, Nalgonda - *Every Sunday 6:00 PM
Contact: +91 9885669356 / +91 9490547888

6. Nizamabad:

Sahaja Yoga Meditation Hall, Shankary Jr. College Road,
Vishnu Priya Nagar, Hyderabad X Road, Nizamabad
Every Sunday 06:00 PM - Contact: +919059747223 /+91 9246911951

Kamareddy

Krishnaveni Talent School, Beside DSP Office, Nizamsagar 'X' Roads, Kamareddy
Every Saturday 5.30 PM – Contact: +91 9908098396

Nandipet

Primary School, Rajnagar, Nandipet
Every Saturday 5.00 PM – Contact: +91 9912778536/9059747223

7. Warangal:

Vagdevi Degree & PG College, Warangal, Every Sunday 6:00 PM
Contact: +91 8520800032

8. Medak/Sanga Reddy

*Sahaja Yoga Dhyana Mandir, Near Saraswati Shishu Mandir, Old Bus stand, Sangareddy Town & District. Every Sunday 10.00 AM
Contact: +91 9908623222

Bhanoor Village

Sahaja Yoga Dhyana Mandir, Shankarapally Road, Bhanoor
Every Tuesday 6.30 PM – Contact: +91 9550998296 / +91 9951883260

Burugupally Village

Every Sunday 5.00 PM – Contact +91 9000076530 / +91 6304217484

Hyderabad & Secunderabad:-

1. City Center:

Hindi Mahavidyalaya, O.U. Road, Vidyanagar, Hyderabad -500044
Every Saturday - 06:30PM
Contact: +91 9246204377

2. Hyderabad Main Center at Medipally:

Sahaja Yoga Dhayna Mandir, Plot No. 29-36,
West Kamala Nagar, Medipally, Hyderabad,
Every Sunday: 10:30 AM - Contact: + 91 898 898 22 00 +91 89788 21271

3. BHEL:

Higher Secondary School, BHEL Township, BHEL, Hyderabad,
Every Sunday, 05:00PM - Contact: *+91 9490167335

4. Jubilee hills:

Globe Toters, A Birla Pre-school, Jubilee Hills, Hyderabad
Every Sunday, 10:30AM - Contact:+91 8106849458

5. Secunderabad:

Govt. Polytechnic College for Women, East Maredpally, Secunderabad - 500026
Every Thursday, 06:00PM Contact: +91 9866243835

6. A S Rao Nagar:

A S Rao Nagar Society Library, Dr AS Rao Nagar, Hyderabad
Every Wednesday, 06:30PM + Contact:91 9866718521

7. Kukatpally

Vivekananda Nagar: Community Hall, Vivekananda Nagar, Kukatpally Hyderabad,
Every Friday, 07:00PM - Contact: + 91 9032061619

8. 'D' Mart: HUDA Park, Near D Mart, Phase 5, KPHB, Hyderabad,
Every Saturday, 10:00AM - Contact: +91 9951924309

9. Sanath Nagar:

Sunder Nagar Resident Welfare & Cultural Association
Community Hall, Sunder Nagar Colony,-500038 Sanath Nagar, Hyderabad
Every Thursday 6.00 PM – Contact: +91 94231 58452

10. Manikonda:

SYVR Exceed School, Adjacent to KGN Xerox Building, Near Lanco Hills Circle,
Marrichettu Road, Manikonda, Hyderabad
Every Saturday 06:00 PM - Contact: +91 80561 29301

11. L B Nagar:

SBH Community Hall, Phase 1, LB Nagar, Hyderabad
Every Friday 06:00 PM - Contact: 9177375862

12. Rajender Nagar:

Nird Community Hall, Nird & PR, Rajendranagar
Every Tuesday 6:30 PM – Contact: +91 92144 46732

13. Miyapur:

Sharada Vidya Mandir, Bollaram X-Road, Miyapur, Hyderabad
Every Sunday 06:00 PM - Contact: 9160009951

14. Malkajgiri

Street: 8, Vasanthapuri colony, Malkajgiri, Hyderabad, Pin code 500047.
Every Sunday 4:00 PM - Contact: +918639343045

15. Kondapur

Botanical Garden, Kondapur, Hyderabad
Every Sunday 5:30PM - Contact: +91 9960950516 & 9581540405

16. Jeedimetla

New Little High School, Next to Dhatrak Public School,
Road behind Gandhi Statue, Jeedimetla, Hyderabad -500055
Every Sunday 5:00 PM - Contact: +91 9449620782

17. Mehidipatnam

Pulla Reddy Degree & PG College, Beside Pulla Reddy Sweet Shop, Mehidipatnam
Every Monday 6.30 PM – Contact: 9296359502/9030250250

18. Vanasthalipuram

Siddhartha Model School, Kamala Nagar, Vanasthalipuram
Land mark - Near to HUDA Sai Nagar community hall
Every Friday 6.30 PM - Contact: 9948105415

19. Saroornagar

Sri Venkateshwara Community Hall, Sri Venkateshwara Colony, Road No. 3,
Saroornagar - Every Monday 6.00 PM – Contact: 8309485234, 9989586791

20. Pragathi Nagar

Srinivasa Park, Vinayakamandam, Near Madhuranagar Arch
Pragathinagar

Every Saturday 10.30 AM

Contact: Narayani Bai - 9581922322 & Dileep- 8019275235

21. Alkapoor/Puppalguda Center

Little Cuddles International Pre-school

Indian Bank-Ratnadeep Lane, Alkapoor, Puppaguda

Every Sunday: 6.00 PM

Contact: 939503404 / 9642613077 / 8018568933